

## **Massage Therapy under No Fault and Workers Compensation**

### **No Fault**

If you have a script from a physician for massage therapy and are attempting to schedule under your No Fault claim, please be aware that we need to verify the following prior to scheduling:

1. NF claims must be in good standing without negative IMEs or payment disputes by the insurance company.
2. Claim must be active.
3. We must have a signed demographic form and assignment of benefits form with correct claim details completed prior to scheduling.
4. Sessions are 45 minutes in duration and include hands on massage as well as stretching and patient education.
5. We may have to contact your adjuster for confirmation prior to scheduling your first appointment.

### **Workers Compensation**

There are various medical treatment guidelines that we must follow in order to submit an insurance claim and be paid for massage services. Refer to NYS medical Treatment Guidelines or consult your attorney for details.

Please be aware that we need to verify the following prior to scheduling:

1. WC claims must be in good standing without negative IMEs or payment disputes by the insurance company.
2. We must have a signed demographic form and assignment of benefits form with correct claim details completed prior to scheduling.
3. If you have had massage therapy under the claim in the past, we must have an approved MG2 form prior to scheduling.
4. Your script must be written by an MD and have a correct diagnosis that is recognized under your claim.
5. Not all carriers recognize LMTs. If your carrier does not, we may be able to schedule you for massage with a Physical Therapist. Subject to availability.
6. Sessions are 45 minutes in duration and include hands on massage, as well as, stretching and patient education. If done by a Physical Therapist they are 30 minutes in duration.
7. We will have to contact your adjuster for confirmation prior to scheduling your first appointment.
8. Under the medical treatment guidelines massage is generally indicated for no more than 6-12 weeks. Due to demand for services, preference in scheduling is given to patients who have not had therapy before.

Patients who are unable to wait for the appropriate verifications, can schedule a self pay appointment at any time. We will not bill your carrier for self pay appointments.

For WC, please allow 2-4 weeks for completing the necessary authorizations.