



Spa400 at Invision Health

# Crystal Sound Bath Healing

2026 Schedule

*Tap into the energy of new possibilities!*

Select Saturdays @ 9:00 am

January 17

February 21

March 21

April 18

May 16

June 20

July 18

August 22

September 19

October 24

November 14

December 19

To Register

Call:

716-631-3555 x4256

**SPACE IS  
LIMITED**

**\$25 per person/per session, or 6-pack for \$150 (pre-pay at Spa400 Desk).**

**Please arrive at 9:00am to allow for check-in and set-up. Sessions begin at 9:15am. Sessions run approximately 50 minutes. No admission once the session begins.** What to Bring: yoga mat, pillows and/or bolster for head and knee support, blanket (optional), eye mask (optional).

NOT ADVISED FOR: Those with Insulin pump, pregnant, history of concussions, pacemaker or metal in the body unless cleared by a medical professional.

**Group Sessions Are Held at Invision Health ~ 2<sup>nd</sup> Floor**

400 International Drive Williamsville, NY

P: 716-631-1516 | [www.Spa400.com/Wellness](http://www.Spa400.com/Wellness)