



Spa400 at Invision Health

Crystal Sound Bath Healing

2026 Schedule

Tap into the energy of new possibilities!

Select Saturdays @ 9:00 am

January 17	July 18
February 21	August 22
March 21	September 19
April 18	October 24
May 16	November 14
June 20	December 19

To Register

Call:

716-631-3555 x4256

**SPACE IS
LIMITED**

\$25 per person/per session, or 6-pack for \$150 (pre-pay at Spa400 Desk).

Please arrive at 9:00am to allow for check-in and set-up. Sessions begin at 9:15am. Sessions run approximately 50 minutes. No admission once the session begins. What to Bring: yoga mat, pillows and/or bolster for head and knee support, blanket (optional), eye mask (optional).

NOT ADVISED FOR: Those with Insulin pump, pregnant, history of concussions, pacemaker or metal in the body unless cleared by a medical professional.

Group Sessions Are Held at Invision Health ~ 2nd Floor

400 International Drive Williamsville, NY

P: 716-631-1516 | www.Spa400.com/Wellness